

## Protocols for Early Treatment and my notes

I don't routinely take prophylaxis. As a 68 y.o., I do take a single Hydroxychloroquine before getting on the plane and twice a week during the trip. I wouldn't do even that, except I just can't afford the time to be sick, and air travel is a big risk for getting all sorts of viruses due to recirculated air.

If you get sick, you want to be treated within 5 days, and it is much easier to recover quickly. In the absence of any serious problems, flu, Covid and other viruses appear to respond (in my experience) to even a single dose of hydroxychloroquine if caught within 12 hours, but the longer the symptoms the more treatment needed. I personally have felt myself getting sick in the middle of the night—watery hot eyes, feverish, generally not feeling well—and took two tablets (total 400mg hydroxychloroquine) and was fine in am. (Keep in mind I take all the supplements on the Covid and Nine Essential supplement list on this site. I have less experience with Ivermectin. But the same applies I suspect.

LDM

1. **Early Ambulatory Multidrug Therapy**, McCullough et al: <https://rcm.imrpess.com/article/2020/2153-8174/RCM2020264.shtml> (related [interview](#) and [webinar](#))
2. **The I-MASK+** Early Outpatient Treatment Protocol for COVID-19: <https://covid19criticalcare.com/i-mask-prophylaxis-treatment-protocol/i-mask-protocol-translations/>
3. **Zelenko** Early Treatment Protocol: <https://bit.ly/drzc19protocol>
4. **The Fleming Directed CoVid-19** Treatment Protocol (FMTVDM): <http://c19protocols.com/wp-content/uploads/2021/01/fleming-protocol.pdf>
5. **ICON Protocol** – (Ivermectin in COvid Nineteen): <https://bit.ly/35whlck>
6. **MATH+ Hospital Treatment** Protocol [https://covid19criticalcare.com/wp-content/uploads/2020/07/FLCCC\\_Alliance-MATHplus\\_Protocol\\_v6-2020-11-12-ENGLISH.pdf](https://covid19criticalcare.com/wp-content/uploads/2020/07/FLCCC_Alliance-MATHplus_Protocol_v6-2020-11-12-ENGLISH.pdf)
7. **Budesonide (Pulmicort) dosing for outpatient COVID** per the Oxford RCT: [http://c19protocols.com/wp-content/uploads/2021/03/COVID\\_Budesonide\\_Oxford-Based\\_Dosing\\_Guidance.pdf](http://c19protocols.com/wp-content/uploads/2021/03/COVID_Budesonide_Oxford-Based_Dosing_Guidance.pdf)
8. **Budesonide-focused** Treatment Protocol: [https://secureservercdn.net/45.40.145.151/umz.e26.myftpupload.com/wp-content/uploads/2020/11/Full-Protocol\\_withOTC.pdf](https://secureservercdn.net/45.40.145.151/umz.e26.myftpupload.com/wp-content/uploads/2020/11/Full-Protocol_withOTC.pdf) from <https://budesonideworks.com/>
9. Prophylaxis and Treatment for **COVID-19 in Nursing Homes** <https://covexit.com/prophylaxis-and-treatment-for-covid-19-in-nursing-homes-video-highlights/>

10. The following is the protocol **Drs. Fareed and Tyson** have jointly developed as most effective for their COVID-19 patients: [https://www.thedesertreview.com/news/dr-george-fareed-and-dr-brian-tyson-share-hcq-protocol/article\\_7728815e-3ca2-11eb-8a08-7b4b0156c181.html](https://www.thedesertreview.com/news/dr-george-fareed-and-dr-brian-tyson-share-hcq-protocol/article_7728815e-3ca2-11eb-8a08-7b4b0156c181.html)
11. Government of India Ministry of Health & Family Welfare Revised guidelines for Home Isolation of mild /asymptomatic COVID-19 cases: <https://www.mohfw.gov.in/pdf/RevisedguidelinesforHomeIsolationofmildasymptomaticCOVID19cases.pdf>

#### Protocols for Prophylaxis

1. **The I-MASK+** Prophylaxis Protocol for COVID-19: <https://covid19criticalcare.com/i-mask-prophylaxis-treatment-protocol/i-mask-protocol-translations/>
2. **Zelenko** Prophylaxis Protocol: [https://docs.google.com/document/d/1i7C\\_6HUYqou8lrzmnzt5N1JHg-b5HboE3nLixedgwpQ/edit](https://docs.google.com/document/d/1i7C_6HUYqou8lrzmnzt5N1JHg-b5HboE3nLixedgwpQ/edit)
3. **Indian Council of Medical Research (ICMR)**  
– <https://www.mohfw.gov.in/pdf/AdvisoryontheuseofHydroxychloroquinasprouphylaxisforSARSCoV2infection.pdf>
4. Prophylaxis and Treatment for **COVID-19 in Nursing Homes** <https://covexit.com/prophylaxis-and-treatment-for-covid-19-in-nursing-homes-video-highlights/>

#### “Long Hauler” Protocols

- Post-Acute Or Prolonged Covid-19: Treatment With Ivermectin For Patients With Persistent, Or Post-Acute Symptoms  
– [https://www.researchgate.net/publication/344318845\\_POST-ACUTE\\_OR\\_PROLONGED\\_COVID-19\\_IVERMECTIN\\_TREATMENT\\_FOR\\_PATIENTS\\_WITH\\_PERSISTENT\\_SYMPTOMS\\_OR\\_POST-ACUTE](https://www.researchgate.net/publication/344318845_POST-ACUTE_OR_PROLONGED_COVID-19_IVERMECTIN_TREATMENT_FOR_PATIENTS_WITH_PERSISTENT_SYMPTOMS_OR_POST-ACUTE)
- Top Yale Doctor/Researcher: ‘Ivermectin works,’ including for long-haul COVID  
– <https://trialsitenews.com/top-yale-doctor-researcher-ivermectin-works-including-for-long-haul-covid/>

